Planning the Program: Meal Time Regulations and Recordkeeping



This training is part of a series of online trainings designed for experienced sponsors of the Summer Food Service Program in Kentucky. Sponsors who choose to receive their training via the online modules are responsible for adhering to the information presented in this training. Please address all questions to the State Agency.

SFSP Materials

The Summer Food Service Program Summer Food Rocks!

2015 Administrative Guidance for Sponsors





Planning the Program Meal Time Basics

- -Requirements at the meal site
- -Recordkeeping at the site
- -Field Trips
- -Accommodating
 Children with Special
 Dietary Needs



Planning the Program Meal Time Basics

Requirements at the meal site



Signage

• Make sure your sites have clear signage. Not only does it let your participants know where your site is located, it also helps them to feel welcome to your site!





Congregate Feeding

It is a requirement that everyone eat together in the same space at the same time. A meal that is taken from the meal site can not be claimed for reimbursement.

Congregate Feeding Waiver:

Demonstration Project for Non-Congregate Feeding at Outdoor Sites Experiencing Excessive Heat

- Designate your Intent for the SITE to Participate in the site application in CNIPS.



Congregate Feeding Waiver:

Demonstration Project for Non-Congregate Feeding at Outdoor Sites Experiencing Excessive Heat

- Only available to sites without alternative temperature controlled eating areas.
- First Meals Only. (No second meals can be claimed.)
- -Meals are not available for any adults or, for any children who do not physically come to the meal site.
- Is only applicable for days when the National Weather Service has indicated a Heat Advisory
- Sponsors must submit dates of non-congregate service and number of meals served with their claim each month.

Other Meal Service Requirements:

- A sharing table may be designated for whole items that children choose not to eat, as long as the practice is in compliance with local and State health and safety codes.
- Even though the meal must be eaten on site, one fruit, vegetable, or grain item, that is not eaten may be taken off site by the participant. This practice is at the discretion of the sponsor. This may not be possible or practical at some sites.
- There are no time restrictions for meals, nor is there any time maximums or minimums for the duration of the meal service.
 Sponsors must, however, always have meal times preapproved before any meals can be eligible for reimbursement. Sponsors must also adhere to approved times.

-Younger Children 1-6 may be served a small amount of each component, and older children 12-18 may be served a larger amount of each component!

All participants must be served a first meal before second meals are served out. (Only a percentage of second meals are eligible for reimbursement.)

Sponsors are not required to serve second meals.

Leftovers may be kept and served the following days IF they have not yet been served and they have held at the proper temperature.

What about Adult Meals?

Adult Meals are NEVER Claimed for Reimbursement.

Meals for PROGRAM Adults may be paid for through SFSP funds.
Program adults are those adults who directly work with the
program. Cooks, delivery drivers, and site supervisors are
examples of program adults.

 Meals for NON PROGRAM Adults must be paid for by the Adults, or through another fund besides SFSP. Parents and community members who do not work with the SFSP program directly are examples of Non-Program Adults.

Quiz

True or False: A participant may take one fruit, vegetable, or grain item from the sharing table off site with them when they leave the congregate meal site.

TRUE! If the sponsor allows for the policy for one fruit, vegetable or grain item to be taken from the site by a participant, it can either be their own item, or one that they pick up from the sharing table!

Planning the Program Meal Time Basics

-Recordkeeping at the Site



Delivery Tickets

One Delivery Ticket is completed each day for each meal for any satellite-prep site. (Sites that have meals prepared "off-site.")

	KY SFSP Delivery Receipt	
Sponsor Date	Meal (circle) H.L. S Sn Name of Site	
Name of Preparation Facility		
Number of Meals Ordered and Pr		
Food Production Facility Signatu	ure	
Comments		0.0

Let's Look Closer!

KY	/ SFSP Delivery Receipt
Sponsor_Harrod County Date _July 1, 2015 Name of Preparation FacilityHarr	Meal (circle) BL S Sn Name of Site Pine Tree Park rod Elementary
Number of Meals Ordered and Prepare Food Production Facility Signature	d
Number of Meals Delivered 75 Time of Delivery 10:45	
Does the food at delivery time appear to Comments Kids love this med	o be kept at an acceptable temperature <mark>%yesno</mark> <mark> </mark>
Signature of Person Receiving Meals	s at the <u>Site Susie Supervisor</u>

Daily Meal Count Form for Open and Closed Enrolled Sites

- A Count of Meals
 must be Taken at the Time of the
 Meal Service.
 - Use the Daily Meal
 Count sheet found on
 our SFSP KY website to
 ensure all necessary
 information is properly
 documented each day.
 - Daily meal count forms should be turned into the sponsor at least once a week.

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Let's look at what needs to be documented.

The second secon
DAILY MEAL COUNT FORM
Site Name: Harrod Etern School Meal Type (circle): (B) L SN SU
Address: 300 Harrood St. Oaktoun, Ky Telephone: 123-456-7891
Supervisor's Name: Cynoli Lee Delivery Time: WA Date: July 1, 2015
Menls received/propared 200 + Meals available from previous day 10 = 210 (Total meals available)
First Meals Served to Children (cross off number as each child receives a meal):
XXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXX
21 30 34 35 36 37 36 37 38 39 39 31 31 31 31 31 31 31 31 31 31 31
by by 12 12/ 1/4 1/2 1/4 1/2 1/2 1/2 1/2 2/2 2/2 2/2 2/2 2/2 2/2
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141 142 145 146 145 146 149 148 149 156 Total First Meals + Day 2 [2]
Second meals served to children:
1 2 3 4 5 6 7 8 9 10 Total Second Meals + Day 131
No. as served to Program adults:
12 8 4 5 6 7 8 9 10 Total Program Adult Ments + 126 2 2 [4]
Menls served to non-Program adults:
1 2 3 4 5 6 7 8 9 10 Total non-Program Adult Meals + Oay 2 [5]
TOTAL MEALS SERVED - Day 2 161
Total damaged/incomplete/other non-reimbursable meals + [7]
Total leftover ments + [8]
Total of items: [6] [1+ [7] + [8] [1-
(See Dage 2) $R = 0$ (Item [9] should be equal to item [1])
Number of additional children requesting a number after all available meals were served:
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By signing below, I cartify that the above information is true and accurate:
Signature Date (de

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Weekly Meal Count Consolidation Form

This form is to be completed each day, and is to stay at the site. Sites that serve meals for one week or less do not need to keep a weekly meal count form.

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Daily Meal Count Form for Camp and Upward Bound Sites

- Camp and Upward Bound Sites Must Have Enrollment Roster with names of ALL participants (income eligible and ineligible.)
- Meals for all participants are documented on the enrollment roster each day.
- Although all meals are documented, only meals for eligible participants are only claimed.
- Sponsors must be discrete with the daily meal count form, to ensure that participants eligibility is kept confidential.

This document can be found on the SFSP KY website. Alternate forms may be used, as long as they capture the same information.

Summer Food Service Program (SFSP)

Enrollment Roster Site Name: Week of: to Instructions: Enter each participant's name in the first column. If the participant is eligible for the SFSP, enter a "X" in the "E" (i.e. eligible) column next to his/her name. If the participant is NOT eligible for the SFSP, enter a "X" in the "I" (i.e. ineligible) column next to his/her name. For each meal that a participant is served, enter a "I" in the appropriate cell for the meal type and day of the week.

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Total Meals			0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

I (We) CERTIFY that the above counts were obtained as each meal was served to a child, that each meal counted met all the requirements set forth in the Summer Food Service Program Agreement relating to that meal, and that all other information shown is also true and correct.

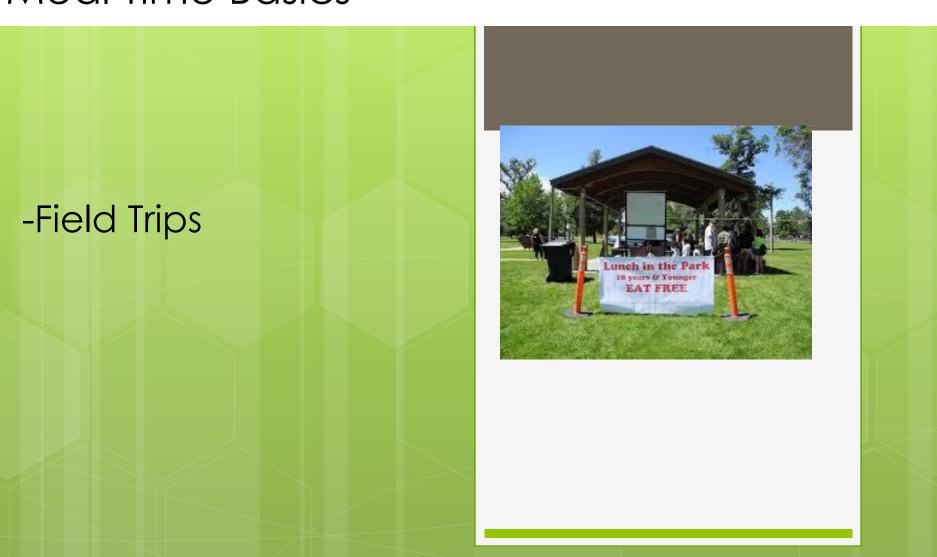
Signature of Site Supervisor: Signature of Authorized Representative:

Quiz

True or False: Delivery Tickets should be kept with food production facility daily menu records, so show that a sufficient amount of food was prepared each day.

TRUE! Keep both sets of paperwork together as proof of meals prepared, delivered, and appropriately claimed.

Planning the Program Meal Time Basics



Field Trips

- 1. Sites must notify the sponsor of the field trip ahead of time. Open sites need to keep meals on-site for those children not going on the field trip.
- 2. Sponsors must notify the State Agency about the field trip in CNIPS before the field trip is taken
- 3. A daily meal count form must be completed when meals are distributed.
- 4. The meal pattern must be adhered to for meals to be considered reimbursable.

Quiz:

• True or False: Field trips must be preapproved by the state agency before they can be taken?

False: The field trip must be noted in CNIPS before the field trip is taken, although it does not have to have official approval by the State Agency. Remember, an open site must stay open if the field trip meals will be claimed for reimbursement.

Planning the Program Meal Time Basics

-Accommodating
Children with Special
Dietary Needs



Accommodating Children With Special Dietary Needs

A child whose disability restricts his/her diet shall be provided food substitutions only when supported by a statement signed by a licensed medical professional.

The medical statement shall identify:

- the individual's disability and why the disability restricts
 the child's diet
- the major life activity affected by the disability
- the food or foods to be omitted from the child's diet and
- the food or choice of foods that must be substituted

The Medical Statement is on the SFSP KY webpage. School Food Authorities may use a statement already on file at the school

Revised FY2014-2015

Sponsor and Site Name

Medical Statement for Participants with Special Dietary Needs

This statement must be completed and submitted to the Sponsor listed above before any meal substitutions can be made. The parent guardian will complete Part 1 and the physician will complete either Part 2 or Part 3. Refer to the information below for clarification. Attach a sheet with additional information if necessary. If changes are needed, the parent guardian is required to submit a new form signed by the child's physician.

GUIDANCE

Disability:

Under Section 504 of the Rehabilitation Act of 1973, and the Americans with Disabilities Act (ADA) of 1990, a "person with a disability" means any person who has a physical or mental impairment which substantially limits one or more major life activities, has a record of such impairment, is recarded as having such impairment.

Major life activities covered by this definition include caring for one's self, eating, performing manual tasks, walking, seeing, hearing, speaking, breathing, learning, and working.

USDA regulations 7 CFR Part 15b require substitutions or modifications in CACFP meals for participants whose disabilities restrict their diets. A participant with a disability must be provided substitutions in foods when that need is supported by a statement signed by a licensed physician. The physician's statement must identify: the child's disability, an explanation of why the disability restricts the child's diet; the major life activity affected by the disability; the food or foods to be omitted from the child's diet, and the food or choice of foods that must be substituted.

Generally, children with food allergies or intolerances do not have a disability as defined under either Section 504 of the Rehabilitation Act or Part B of IDEA, and food service may, but is not required to, make food substitutions for them. However, when in the licensed physician's assessment, food allergies may result in severe, life-threatening (anaphylactic) reactions, the child's condition would meet the definition of "disability," and the substitutions prescribed by the licensed nhysician must be made.

Special Dietary Needs That Are Not a Disability

Food service providers may make food substitutions, at their discretion, for individual children who do not have a disability, but who are medically certified as having a special medical or dietary need. Such determinations are only made on a case-by-case basis. This provision covers those children who have food intolerances or allergies but do not have life-threatening reactions (anaphylactic reactions) when exposed to the food(s) to which they have problems.

Each special dietary request must be supported by a statement, which explains the food substitution that is requested. It must be signed by a recognized medical suthority. The medical statement must include: an identification of the medical or other special dietary condition which restricts the child's diet; the food or foods to be omitted from the child's diet; and the food or choice of foods to be substituted.

Parent/Guardian Request for Fluid Milk Substitution

Parents or guardians may now request in writing that non-dairy beverages be substituted for fluid milk for their children with special dietary needs without providing statement from a recognized medical authority. However, fluid milk substitutions requested are at the option and expense of the facility/center.

The non-dairy beverage provided must be nutritionally equivalent to fluid milk and meet the nutritional standards set by the United States Department of Agriculture (USDA) for Child Nutrition Programs in order for the facility/center to claim reimbursement for the meal through the Child and Adult Care Food Program (CACFP).

A non-dairy beverage product must at a minimum contain the following mutrient levels per cup to qualify as an acceptable milk substitution.

a. Calcium 276 mg b. Protein 8 g c. Vitamin A 500 IU	d. Vitamin D 100 IU e. Magnesium 24 mg f. Phosphorus 222 mg	g. Potassium 349 mg h. Riboflavin .44 mg i. Vitamin B-12 1.1 mcg

ant 1. To be completed by a raic	nt, Guardian, or Au	thorized Repr	esentative	
Participant's Name:			Birthday:	
Parent/Guardian/Authorized Represe	entative name:			
Home Phone: ()			Work Phone: ()
Address:				
City:	State:		Zip:	
Part 2. For Participants with a DI	CARILITY-Licensed	Physician m	est complete	
Describe the patient's disability and				h
Describe the patient's disability and	the major file activitie	es inai are ante	ned by the disabilit	ıy.
Foods to be omitted:		Substitutio	ons:	
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Please list foods and information reg	parung any needed te	xiuse changes	choppea, ground, p	rureeu, etc.):
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*7 CFR 226.20 (h)

Quiz:

True or False: A religious preference or intolerance for a particular food is not considered a medical disability, and as such, should not use the medical disability form to justify the necessity of alternate foods.

True. Sponsors may wish to work with parents to provide alternate foods for religious preferences, however, this is not a requirement in SFSP, only a best practice.

Please contact School and Community Nutrition if you have any questions regarding this online training or any questions regarding Meal Time Regulations and Recordkeeping.

502-564-5625